



LEARN TO RIDE

This course helps to build a child's confidence whilst improving balance and core strength.

The aim is to provide the skills and ability to ride a bike independently.

Your child will learn how to:

- Mount and dismount correctly
- Balance
- Steer
- Brake

This is open to children from a minimum of 4 years old, to a maximum of 10 years old. Parents / guardians will be expected to remain with the children for the duration of training.

A certificate and a set of bike lights is awarded upon completion.

Find out more about your childrens eligibility by scanning the QR code or on our website. eastriding.cycleready.co.uk/publicbooking

For queries, please email road.safety.training@eastriding.gov.uk



EAST RIDING
OF YORKSHIRE COUNCIL